



# THE Arbor-Nomics® BUGGETTE



## What's So Cool About Fall Container Gardening?

The short answer is "Everything!" The cool, mild days of fall mean you don't have to brave the sweltering heat and humidity of summer to tend to your colorful crop of ornamentals and veggies. In addition, weeds are less of a problem with container gardening. But the best part is probably discovering all the cold-tolerant plants that thrive in containers.



**Fall Ornamentals:** While mums and pansies are lovely fall favorites, there are countless other ornamentals to choose from. Asters, cone flowers, coleuses, and ornamental chili peppers are just some of the plants that bring vibrant colors and interesting textures to the fall garden.

**Fall Vegetables:** Now's the time to regrow all the veggies that hate the heat of summer but love the lower temperatures of spring and fall. These include leafy greens, root vegetables, cabbage, broccoli, and many more.

### Sun, Soil, and Containers

The sunny spots in your yard might change from summer to fall, so make sure your containers are in the right locations. For good drainage and root growth, it's best to use potting soil rather than the denser soil from your yard. Finally, avoid unglazed terra cotta and ceramic planters for fall gardening. Because they are porous and absorb moisture, they can crack when cold temperatures hit.

Hope you have a beautiful, bountiful fall harvest!

Source: <https://properlyrooted.com/fall-container-gardening/>

## Why Fescue Needs Fall Aeration & Overseeding

The heat and sun of summer can take a toll on Fescue, leaving it stressed and even causing thin or bare spots. Fall aeration and overseeding help this cool-season grass rebound and flourish. Aeration loosens up compacted soil so that water, nutrients, and air can reach the roots. It also prepares the lawn for overseeding, or spreading new Fescue seeds over the existing lawn. Because Fescue is not self-spreading, overseeding is the only way to fill in thin or bare spots and have a lush lawn.

**Not on our Platinum program?** Call us soon for a free estimate. We finish up aerating and overseeding in October.



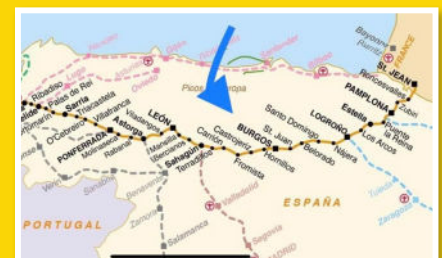
**Join Arbor-Nomics!** We are hiring Certified Landscape Specialists and Outside Sales Representatives. Visit [Arbor-Nomics.com/JoinOurTeam](https://Arbor-Nomics.com/JoinOurTeam) for more information.

## Bare in Mind

by Josh Bare



The pandemic may still be with us, but living with it has definitely become less restrictive. After a couple of claustrophobic years, many folks are traveling abroad again, including my dad's cousin, Kathy, and her husband, Ken. Actually, "traveling" is an understatement: On May 16th, they started a six-week, 500-mile adventure hiking the Camino de Santiago trail in Spain.



Continued on page 4

# Sept-Oct Lawn Care

## Application #5

**Please note:** There are times when we may need to modify the treatments we apply due to weather.

### LAWN TREATMENTS

#### Weed Control

**All Programs.** We used a pre-emergent on lawns with warm-season grasses to prevent the germination of grassy weeds over the winter and a post-emergent to control existing broadleaf weeds. Broadleaf weeds should die off within two weeks. If they don't, let us know, and we'll do a second treatment at no charge.

**Platinum.** If your lawn needed it, we applied a weed control that targets clump grass, nutsedge, and other grassy weeds.

#### Disease Control

**Silver Plus, Gold Plus & Platinum.** Lawns were treated with a fungicide to prevent brown patch and dollar spot, two common fungal diseases.

#### Aeration & Overseeding

**Platinum.** Aeration and overseeding for Fescue lawns will be done from September through October.

**Not on our Platinum program? Contact us for a free estimate on aeration and overseeding for your Fescue lawn.** This cool-season grass does not self-spread and requires aeration and overseeding to prevent thinning and bare spots.

#### Fertilization

**All Programs.** Fescue lawns will receive a nutrient-rich starter fertilizer to promote growth.

### PEST, ORNAMENTAL TREE & SHRUB TREATMENTS

#### Pest Control

**Gold, Gold Plus & Platinum.** Our Outdoor Pest Control was sprayed around the perimeter of your house and in mulched areas to repel ants, fleas, ticks, and spiders. Ornamental trees and shrubs received an insecticide to control lace bugs, aphids, and caterpillars, along with a miticide to control spider mites.

#### Disease Control

##### Gold, Gold Plus & Platinum.

Ornamental trees and shrubs were treated with a fungicide to prevent leaf spot and powdery mildew.

### WHAT YOU NEED TO DO UNTIL OUR NEXT VISIT

#### Stick to the Inch-of-Water-Per-Week Rule

Between rainfall and irrigation, all lawns need an inch of water each week. The best time to water is early morning, preferably before 10 am.

#### Don't Remove More Than a Third When Mowing

Cutting grass very short stresses it and leaves it vulnerable to drying out. Remove only the top third at each cutting. It is completely safe to mow right after we've applied our treatments.

#### Mow at the Right Frequency for Your Type of Grass

To keep your lawn looking its best, follow these guidelines:

- **Fescue** - every 5–6 days
- **Bermuda** - every 2–5 days
- **Zoysia** - every 5–8 days

#### Leave Grass Clippings on the Lawn

They recycle back into the soil, giving your turf a nutrient boost.

#### Prune Shrubs Regularly

If you only prune occasionally, you'll be faced with very woody shrubs and sparse foliage.

## Trees Need TLC, Too

Like your lawn, the trees in your landscape need continual care and maintenance for optimal health. They can be weakened by nearby construction or development, herbicide use, high doses of inorganic fertilizers, and removal of organic matter, among other threats.

We analyze trees for health, structure, and form and help our clients make informed decisions about the best course of action for dealing with a weakened tree. Our services include pruning (to minimize failure while preserving health and appearance), root stimulants, fertilization, soil therapy, lightning protection, watering, mulching, and insect suppression.

**If you have concerns about a tree, contact Arbor-Nomics Tree at 770.368.0072.**



## Helpful Contact Information

### ARBOR-NOMICS TURF, INC.

770.447.6037

800 Langford Drive, Suite A  
Norcross, GA 30071  
[arbor-nomics.com](http://arbor-nomics.com)

### VICE PRESIDENT

**Doug Cash**

Cell: 770.596.8388

[doug@arbor-nomics.com](mailto:doug@arbor-nomics.com)

### CUSTOMER RELATIONS

**Ward Frost**

Cell: 678.638.4556

[ward@arbor-nomics.com](mailto:ward@arbor-nomics.com)

### QUESTIONS ABOUT OUR SERVICE OR YOUR YARD?

Contact Customer Service at **770.447.6037**, Monday through Friday, from 8 am to 5 pm. If you call after hours, please leave a message and we'll return your call the next business day.





# Halloween Safety – For Your Lawn!

Hats off to you if you really get into the spirit of Halloween, the one time each year we celebrate all things scary. As you plan your decorations, keep in mind that some of them can have frightful effects on your lawn. Our suggestions will protect your turf without dampening your spirit.

**Be careful with inflatable decorations.** The larger the inflatables and the longer they're displayed, the more damage they'll do to your grass. It's best to place them on a paved area; if that's not an option, limit the amount of time you display them, or move them around to avoid smothering a particular spot.

**Tie it to a tree.** Suspend your favorite ghoul from a tree branch. A zombie or giant spider swaying in the breeze delivers an enormous "boo!" factor.

**Make use of mulched areas.** Placing decorations on mulched areas is completely yard-friendly, as long as they are not resting on any plants.

**Put it on the porch.** The front porch is perfect for displaying scary stuff. It spares your lawn and gives an extra thrill to kids waiting to get their treats.

One final caution for a safe, fun Halloween: Avoid fake spider webs. While they won't harm your lawn, birds and other animals can easily become trapped in them.



## What's Your Word Worth?

If you're taking a break from yard work to chat over the fence with a neighbor, mentioning Arbor-Nomics can put some money in your pocket. When you refer a neighbor or a friend, you'll get a **\$50 credit** on your account. Ask them to give your name when they sign up, and you'll receive your credit after their first treatment. We know the key to our satisfied customers is our Certified Landscape Specialists. We truly believe our techs are the best in the business and we back them up with our brand guarantee!



## Our Top 3 Fall Tips for a Healthy Spring Lawn

Many homeowners lighten up on their lawn care routines once the shorter, cooler days of autumn set in. But the care your lawn gets during the fall has a huge impact on whether it's lush or lackluster in the spring. These tips will help give you the healthy, green lawn you long for after a dark, cold winter.

- 1 Remove the leaves.** Leaf buildup blocks out light and traps in moisture, neither of which is good for grass. So, instead of waiting until your trees have shed all their leaves, blow or rake regularly to prevent them from piling up.
- 2 Keep mowing, but at the right height.** Grass continues to grow until the first hard frost and should be mowed regularly up to that point. If allowed to get very long, it will mat and become more vulnerable to fungal diseases. Cutting grass too short is just as bad, however. The depth of the roots is proportional to the height of the grass, and a shallow root system impedes the lawn's ability to withstand winter cold and dryness. Regular mowing will also turn light leaf litter into a soil-enhancing mulch.
- 3 Continue watering.** Lawns need an inch of water per week even after the summer heat is long gone. Continue to water until it's time to shut down your sprinkler or irrigation system in order to prevent pipes from freezing.



If you've seen the movie *The Way*, starring Martin Sheen, you're familiar with the Camino de Santiago. It's a network of routes through various countries that all lead to the Cathedral of Santiago de Compostela. The cathedral is believed to be the burial place of St. James the Great, one of the apostles of Jesus. The routes, or ways, as they're called, date back to the ninth century, but it wasn't until 1492 that Pope Alexander VI declared the Camino de Santiago a religious pilgrimage route.

Today, fewer than one in five of the travelers makes the pilgrimage for purely religious reasons. But it was clear from the people that Kathy and Ken met along the way that most everyone was on a kind of personal pilgrimage or quest, whether it was for clarity, closure, healing, or finding a path in life.

For some, the journey was inspired by the loss of a loved one. For others, it was the end of a significant relationship or a big career change. One woman they met had been near the fertilizer facility in Beirut that exploded in August 2020, killing 218 people. The experience caused her to reflect on what she wanted to do with her life and she hoped hiking the trail would help her figure it out.

For Kathy and Ken, thankfully, their journey was not inspired by loss or tragedy. They simply longed for an adventure and to meet people from other places. Having seen the movie *The Way*, they decided that hiking the Camino de Santiago would fit the bill.



And the trip did not disappoint. While walking the trail, stopping at one of the many bar-like restaurants along the trail, or sharing a large room at a hostel with several fellow pilgrims, they got to meet people from all over Europe and beyond.

Despite all the different languages the pilgrims spoke, they found a way to communicate with each other. (You can bet that Google Translate came in very handy.) They shared meals and stories about their lives, their families, and their personal journeys.



And for all those who successfully completed the entire route, they also now share the distinction of earning a Compostela – certification that the holder traveled the ancient route on their pilgrimage to the Cathedral of Santiago de Compostela.

That's no small accomplishment, and it sounds like a fantastic trip. They saw incredible scenery and made lasting memories, for sure. (If you're interested, the trip is pretty budget-friendly, too. Their daily expenses ranged from 25 to 50 euros apiece, which is about the same amount in US dollars. With a little thrift and planning, you could probably keep your daily spend toward the lower end.)

But for Kathy and Ken, the biggest impact was the experience of meeting people from all over the world, from vastly different cultures and backgrounds. It seems we are always hearing about how different we are. What was so striking to Kathy and Ken, however, was how much the extremely diverse group of people they met had in common.



They may all have different lifestyles, politics, religions, beliefs, and customs, but at the end of the day, they all want the same things in life: well-being for their families, stable work that's meaningful, and a nice, safe place to live.

It's easy to forget or fail to realize that people the world over are more similar than they are different if you never get to meet any of them.

As Mark Twain – rather grumpily, but wisely – wrote, "Travel is fatal to prejudice, bigotry, and narrow-mindedness." Maybe a suitable, less grumpy, paraphrase would be: Travel is fatal to preconceived notions about people we see as different from us. Not a bad souvenir, if you ask me.



---

***Please let me know any thoughts you might have about this article. I can be reached at 678.313.4568 or Josh@Arbor-Nomics.com.***